

MULTIFUNCTION CABLE ATTACHMENT WITH FORM FIT HANDLES

TRAINING DVD AND MESH BAG INCLUDED

- The Ultimate Fitness Accessory
- Used By Professional Athletes
- Unlimited Potential in Every Box



SIDE LUNGES



OVERHEAD EXTENSIONS



BICEPS/TRICEPS



HIGH/LOW PULLS



FLYS



CHEST



BENT LAT RAISE



OVERHEADS



3 WAY BACK



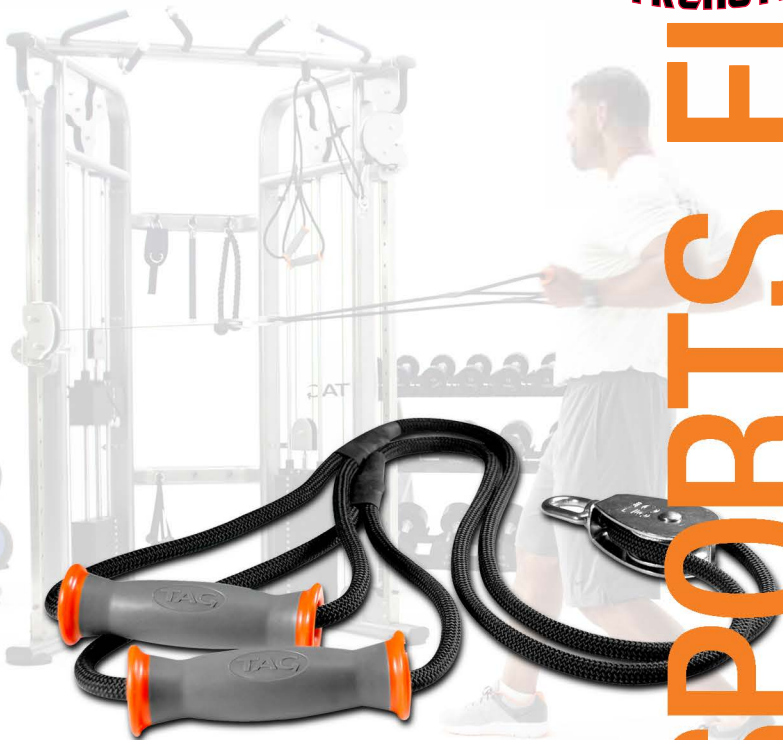
ONE ARM ROW



STANDING ROW



SEATED ROW



SPORTS