

# 5 & 10 BALL MED BALL RACKS

## MEDBL TAG MEDICINE BALL

- New texture and form for better grip and handling
- Essential for core, upper body strength training
- Great for both individual and group exercise
- Well-balanced, maintains original shape
- Exceptional durability
- Synthetic, weather-resistant rubber surface
- Sizes Available: 4, 6, 8, 10, 12, 15, 18, 20, 25 & 30
- Sold Separately - 5 & 10 Ball Racks
- *Not designed for bouncing or throwing movement/training*

