

MEGA HEX



When you outgrow the hex bar, try the mega hex 13" sleeves to carry more weight, 64" overall length by 24" wide weighing a total of 75lbs. It's made of 1 1/4" steel designed for your heavier lifters.

Total Length: 65"

Weight Capacity: 1,200 lbs.

Handles: High and low handles are positioned into a neutral grip for comfort and proper lifting biomechanics

Lifting Height: Reversible for high or low starting point

Handle Height: Raised handles are 4" above center line of bar

Knurling: Aggressive knurling for a better grip during heavy training

Handle Diameter: 1.25" (31.75mm) solid steel handles

Sleeve Length: 13" loadable for more plates

Sleeve Diameter: 2" for Olympic and bumper plates

Weight: 75 lbs.